Hello Upward Bound Family! We here at Upward Bound hope that the beginning of the year and semester was filled with success, and good health. With the implementation of our Nucleus Robotics and Senior Workshop programs, reintroducing of in person classes in the Salt Lake City School District, and the beginning of the distribution of the Covid-19 vaccine, February is looking to be a busy and exciting month!

As things begin to pick up and get busy again, please take the time to take care of yourselves and your loved ones. While the vaccine has begone to be distributed, it will still take months before we have widespread coverage.
Nucleus Robotics

Thank you to those who participated with us for the January sessions of Nucleus Robotics! The robotics program took weeks of planning, and we’re so glad to finally be able to enjoy this experience with you all. Like January, February will have two Nucleus Robotics sessions on February 9th and February 16th (Both at 3pm). Reminder that if you can't make it to the zooms, that you can work on the Nucleus Robotics Modules by yourself on your own time. Keep in mind that 5 modules must be finished by the end of February, and all 10 modules must be completed by May. The 10 modules will come to 8 hours in total. If all modules are completed by May, you will be eligible for the Stipend of $160. The stipend is rewarded at the end of EITHER Nucleus Robotics or the Senior Workshops, not both.

Senior Workshops

Thank you to the Seniors that participated in our first Senior Workshops in January! We hope that the information and discussions provided was helpful and insightful. Like January, February also has two Senior Workshops to attend on the 11th and 25th (Both at 3pm). Reminder that if you participate in all 8 of the senior workshops, you will be eligible for the Stipend of $160. (The Stipend is rewarded at the end of EITHER Nucleus Robotics or the Senior Workshops, so if you are doing both, you can only receive the $160 once at the end of either Nucleus Robotics or Senior Workshops.

The Senior Workshop on the 25th will be accompanied by Student Support Service's Luis who will be talking about Bridge. If you are interested in our summer Bridge program, we highly suggest you attend!

Vaccinations

Here is information about the availability of vaccines:

"Starting January 18, 2021, all Utahns age 70 and older can get vaccinated at your local health department. We expect to vaccinate other age groups, and those with underlying medical conditions who have not yet been vaccinated, sometime in March. The vaccine should be available for all Utahns sometime in the April to July timeframe."

Call, or visit the website for your local health department, to schedule an appointment. You can find the phone number and website for your local health department at https://coronavirus.utah.gov/vaccine-distribution/#!/hd.

Attached below is a flyer with additional Information

Salt Lake School District

Starting on February 8th, Salt Lake City School District will begin to offer in person classes. "Secondary students would attend school two days a week. Wednesdays would remain a digital learning day, and high school students would have the flexibility to choose which classes to attend in person and which classes to attend remotely."

For our Salt Lake District folks, that does mean that you have the option to go back to in person schooling starting February 8th. Be sure to check with your classes and teachers and see what the best course of action is for your schedule. Attached is the statement made by the school district: https://www.slcschools.org/news/2020-21/in-person-learning-option-for-secondary-students/
If you are 70 or older, you can get the COVID-19 vaccine right now!

Call your local health department today to schedule your appointment to get vaccinated.

COVID-19 vaccines are safe and effective. COVID-19 vaccines are an important tool to help us get back to normal.

The benefits of getting vaccinated far outweigh the risks of getting COVID-19.
- Starting January 18, 2021, all Utahns age 70 and older can get vaccinated at your local health department.
- We expect to vaccinate other age groups, and those with underlying medical conditions who have not yet been vaccinated, sometime in March.
- The vaccine should be available for all Utahns sometime in the April to July timeframe.

You need to:
- Call, or visit the website for your local health department, to schedule an appointment. You can find the phone number and website for your local health department at https://coronavirus.utah.gov/vaccine-distribution/#lhd.
- You don’t need to get on a waiting list to get vaccinated, but you must have an appointment. You, or someone you trust, can register for your appointment on your health department’s website.
- You can’t just show up without an appointment because each local health department may have a different process for registration. There are limited vaccines, so appointments will fill up quickly. It may take a few tries to get an appointment.
- Bring a photo I.D. to your appointment.
- Get a 2nd dose of the vaccine a few weeks later. The local health department will tell you when you need to come back for your 2nd shot.

If you have questions about the COVID-19 vaccine, visit coronavirus.utah.gov/vaccine or call the COVID-19 hotline at 1-800-456-7707.