As February passes and midterm exams are approaching, we want you to know that TRIO is here for you. Whether you are obtaining your degree as a first-generation student, or to make life better for your family, always remember that it is okay to take time for yourself. Your mental health is important to us and your family. Trio is a family that supports you and your needs to be successful, so do not be afraid to ask for help or even chat with one of us. Stephanie

TUTORING
Free Tutoring is available for all TRIO students. To request tutoring simply go onto our TRIO homepage and click on the Tutor Request button to fill in the form. You can choose “in person tutoring” and/or “online tutoring” which is available 24/7!

Call the TRIO office or contact your advisor if you have questions, 801-581-7188.

TRIO STAFF BIRTHDAYS:
Stephanie C 3/8

SSS ADVISORS AT CESA
SSS advisors are available by appointment in the CESA office, Union 235 on Thursdays! Schedule a time to meet with your advisor or our office.

Job Opening! Summer Upward Bound
If you are interested in working for Trio and being a mentor for our incoming freshman class, please apply through the link.

Parking near the Annex
Parking near the building continues to be extremely limited. There are only 2 short term (20 min loading) spots and all other spots are pay by phone or for permits. It is best to take Trax or shuttle.

Scholarships
Now available for the month of March! Please log into Academic Works to apply!
https://utah.academicworks.com/

As of Mar 17, Financial Wellness @Union Panorama East 12:15pm
Mar 20 - Fabulous Friday @ LGBTQ Resource Center 3-5pm
Mar 26 - Woke in the Workplace Union Parlor B @12-1pm
Mar 27 - Fabulous Friday @ LGBTQ Resource Center 3-5pm
Mar 30 - Disability injustice @Marriott Gould Auditorium 7pm

Set up advising appointment at https://trio.utah.edu/online-sss-
**Upcoming Events**

**Career & Professional Development Center**

Want to enhance your job resume or interview skills? This event is for you! Most scholarships typically require a resume in addition to a scholarship essay. Please attend the event and meet the Career Coach named Sierra Stevens!

**March 26th from 11:00am-12:00pm @ the Union 293**

**Movie Night!** Join us for some fun at the movies and allow yourself to take a minute and enjoy your peers. There is an only a limited amount of students who can attend so always check your emails for fun opportunities!

**March 3rd Tuesday evening @ Sugarhouse Cinemark**

**Information & Advocacy!**

Want to find out more about the Dean’s Office’s services to you? Well come find out by meeting Tevita Hola, the case manager for student support services.

**March 6th from 1:00pm-2:00pm @ Marriott Library Room 1140**

**See Below!**

**Know Your Rights**

It is essential to be aware of your rights as a student of the University of Utah, to ensure your safety! The office will provide various solutions and services. It is recommended you attend this event.

**March 17th from 12:00pm-1:00pm @ the UNION 293**
Learn more about health and fitness by attending the event at the Student Life Center! Trio encourages fitness and if you have any interests in having a gym buddy from the program or even just starting an intramural team let your Trio advisor know.

Here is a great opportunity to get to know Bryan Hubain at the Union in room 293. He is the AVP of Student Development and Inclusion. He is supportive, friendly, and has a great sense of humor. Please take advantage of his time and getting to know the person who believes in student success.

**WALK AND TALK**

**LOOKING TO GET UP AND MOVING? WANT TO LEARN MORE ABOUT CAMPUS RESOURCES? JOIN US!**

Come chat with an ACES Peer Health Educator, U Counseling interns + other campus resource professionals! Walk a lap or two, it's up to you.

**MARCH 2**
2PM - 4PM

**MARCH 6**
12PM - 2PM

**STUDENT LIFE CENTER**
INDOOR TRACK
3RD FLOOR
### Upcoming Scholarships

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<tr>
<th>Scholarship Name</th>
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<tr>
<td>Community Partners Renewal</td>
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<td>Reynold Rice BUS Scholarship</td>
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<td>Community Partners</td>
<td>3/08/2020</td>
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<td>Barbara Hancock Snyder Endowed</td>
<td>3/10/2020</td>
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<td>EAE NextGen</td>
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<td>Ghulam-Lauri, Kergaye Qadar Family</td>
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<td>Asha davenport Pi Beta Phi</td>
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<td>Boyce C. Yanik For Sigma Nu Fraternity</td>
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<td>Utah Community Action</td>
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<td>Ivory Homes Scholarship</td>
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<td>June Mason Konrad</td>
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<td>Norm Gibbons Memorial Scholarship</td>
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<td>SLC Club Scholarship</td>
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<td>Student Success</td>
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<td>Zumbro Family</td>
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<td>Women in International Trade</td>
<td>3/15/2020</td>
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<td>Microsoft DisAbility Scholarship</td>
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<td>TRIO UTAH Aspire Scholarship</td>
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<td>Chartwells Community In Action</td>
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<td>University Credit Union Scholarship</td>
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<td>Alumni Housing &amp; Residential</td>
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<tr>
<td>Ivory Homes Renewal</td>
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<td>Student Success Renewal</td>
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<tr>
<td>The Agnes Jones Scholarship</td>
<td>3/31/2020</td>
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<tr>
<td>Steward Scholarship</td>
<td>Open Application</td>
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### Campus Resources to Know

We recognize that there are times when students need additional help outside of TRIO. Below are many of our campus community partners that provide wonderful services. If what you are looking for is not on our list please contact your advisor or our office. Together we’ll find the resources you’re looking for.

- **Center for Student Wellness**: [http://wellness.utah.edu](http://wellness.utah.edu)
- **LGBT Resource Center**: [https://lgbt.utah.edu](https://lgbt.utah.edu)
- **Office of Equal Opportunity, Affirmative Action, and Title IX**: [https://oeo.utah.edu/](https://oeo.utah.edu/)
- **National Suicide Prevention Lifeline**: 1-800-273-8255
- **Student Food Pantry**: [www.facebook.com/FeedUFoodPantry/](http://www.facebook.com/FeedUFoodPantry/)
- **Student Health**: [https://studenthealth.utah.edu/](https://studenthealth.utah.edu/)
  (After Hours Resources - [https://studenthealth.utah.edu/appointments/after-hours.php](https://studenthealth.utah.edu/appointments/after-hours.php))
- **Student Success Advocates**: [https://ssa.utah.edu/](https://ssa.utah.edu/)
- **University Counseling Center**: [http://counselingcenter.utah.edu](http://counselingcenter.utah.edu)
- **Women’s Resource Center**: [http://womenscenter.utah.edu](http://womenscenter.utah.edu)
- **UNI Crisis Line**: 801-587-3000 (24/7 help)

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**For the full scholarship list please contact our mentorship team!**

Amy: adaman@sa.utah.edu  
Janet: jreyes@sa.utah.edu  
Stephanie: scharles@sa.utah.edu

**TRIO OFFICE**: (801)-581-7188