**Tutoring**

Here is the link to make an appointment with the writing center
https://writingcenter.utah.edu/undergraduate-services/index.php

This link is for tutoring services
https://learningcenter.utah.edu/

Finally, remember that TRIO offers free tutoring through the TutorMe app. Each of you guys has already received a link that you could use to get access to TutorMe. If you did not receive it, please reach out to us.

**Scholarships**

For assistance with scholarships or further information please contact Janet Reyes at jreyes@sa.utah.edu

**Advising**

Advisors will continue to meet with students virtually throughout the fall and are available via phone, video and email. We recommend scheduling an appointment in advance to allow plenty of time to take care of your needs.

To schedule an appointment or connect with an advisor click here.
OCTOBER EVENTS RECAP

LAST MONTH OUR OFFICE PARTICIPATED IN THE FAMILY FRIGHTFEST. OUR STUDENTS HELPED DECORATE AND HAND OUT CANDY TO FAMILIES. CHECK OUT THEIR AWESOME COSTUMES!
TRIO VISITS CROSS E. RANCH!

On October 23rd, Trio students visited Cross E. Ranch. They went through a couple of corn mazes, got lost, played some games and ate donuts and hot chocolate. Thank you to everybody that decided to come out on this chilly night!
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Nov 2</td>
<td>Dia de los Muertos Altar 1-3PM</td>
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<tr>
<td>Nov 4</td>
<td>MCNAIR: For Anyone Interested in Grad School 11-3PM</td>
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<tr>
<td>Nov 4</td>
<td>Movie Night 5PM</td>
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<tr>
<td>Nov 8</td>
<td>First Gen Celebration 4-6PM</td>
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<tr>
<td>Nov 16</td>
<td>FAFSA Completion Night 4-5PM</td>
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<tr>
<td>Nov 19</td>
<td>Game Night Game: Among Us 5PM</td>
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<tr>
<td>Nov 25-26</td>
<td>Thanksgiving Break</td>
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</tbody>
</table>
November Birthdays

This month we are celebrating our students Lillian Dukes, Cameron Haskins, Alejandra Silva, Paula Oregon, Alamissi Ouro-gneni, Laila Solis, Fuad Mowlid, Asha Brown, Benjamin Dorathy, Salmoon Masih, Rajneet Kaur as well as our Student Support Services Program Manager Luis Lopez!
**DIA DE LOS MUERTOS IS NOT HALLOWEEN**

Halloween has ancestral Celtic origins

Samhain (translates to Summer's End) was a Celtic festival to honor the transition of the seasons, and to honor the dead--one of the many Gaelic Celtic practices, As the Romans began to conquer Celtic territories, the traditions of Samhain were melded with Roman festivals, and with the rise of Christianity, the one pagan practices of the Celts and Romans became All Souls Day. What we now no know as Halloween is a combination of European migration to the Americas, and the melding of multiple pagan practices with Christianity dues to Assimilation and colonization.

Dia de Muertos is the ancestral tradition of Mikailhuítl (pronounced Mee-kahl-ee-weet)

Mikailhuítl is the Mexica (me-shee-kah) tradition of honoring the ancestors through oral tradition, storytelling, and creating ofrendas to honor loves ones that have transitioned. This tradition pre-dates the Aztec empire, as it was practiced in indigenous communities throughout what is now Central and South America.

Mikailhiutl was originally a 20 day celebration that correlated with the monarch butterfly migrations from North to South America. Our ancestor would return in the form of butterflies. Due to colonization, the Christian missionaries combined the practices of Mikaihuitli to correlate with All Souls Day as a way to erase our indigenous practices, knowledge systems, and our connections to our ancestors.

@teachingwithcorazon
On November 8th we celebrate First Generation students, we decided to ask our TRIO fam what being first gen means to them.

"For being a great example in my community and to become a role model towards younger generations" - Gabby Rosales

"My name is Alexandra Leal Vergara, I am a Latina and first-generation college student. My parents migrated to the United States hoping their lives as well as their future children's lives would have more benefits and opportunities. I am the oldest of three children, and the first of those three to attend college. Being a woman of color and pursuing a higher education is an important aspect towards being a woman, because I mean it was once looked down upon and I think just pursuing a higher education is something that I take lots of pride in. I am fortunate enough to be able to pursue a higher education, and I want to able to give back to the underrepresented community I call home."
"To me, being a first-generation student means having the opportunity to enhance in higher education to inspire others in my community who would like the chance to go to college. As a First Gen student, I want to support individuals by offering them my personal experience, connection to resources, and network opportunities to enhance students' support and sense of belonging." - Moises Santiago Gonzalez

“For me it wasn’t something to make my parents proud. That might sound horrible to say. But truly I wanted to pursue a higher education for myself. Even with the financial hurdles and emotional hurdles I dealt with, being in university has been one of my favorite things in my life. Having no one in my family go to college until I came around made me realize how much I wanted to go. Education is emphasized in my faith greatly, so it was easy for me want to go. I wanted to broaden my mind and open my eyes to new things, and that’s what college allowed me to do. That’s what being a first generation student means to me. I already had a background but I wanted to build upon it.” – Rajneet Kaur
Save the Date!

Office for First Generation Access at the University of Utah

Monday November 8th
4:00pm—6:00pm
Union Building Suite 80

First-Gen Scholars is celebrating our 10th Year Anniversary on National First-Generation Day

We are having a special spotlight for all the students who are First-Gen Scholars Alumni and current students!

We hope you can come!
We’ll have food, Art, and FREE SHIRTS!

TRIO

The University of Utah
Office of Undergraduate Studies
Día de Los Muertos

Altar

A meaningful day of honoring and remembering your loved ones! Food such as Tamales and Sodas will be provided.

Tuesday, November 2nd from 11am - 3pm

Location: TRIO Office

CINE CLASICO MOVIE NIGHT

THURSDAY, NOVEMBER 4TH
5-7 PM
FIRST GEN RM 80

• QUESADILLAS!
• LUCHA MASK ACTIVITY!
AMONG US NIGHT

Host: Osvaldo

FRIDAY, NOVEMBER 19TH, 4-5 PM

LIBRARY MAC CLASSROOM 1110

FAFSA COMPLETION NIGHT

4-5PM NOVEMBER 16

HTTPS://DISCORD.GG/N3HAX7A
We recognize that there are times when students need additional help outside of TRIO. Below are many of our campus community partners that provide wonderful services.

Center for Student Wellness
LGBT Resource Center
Office of Equal Opportunity, Affirmative Action, and Title IX
National Suicide Prevention Lifeline: 1-800-273-8255
Student Food Pantry
Student Health Center
Student Success Advocates
University Counseling Center
Women’s Resource Center
UNI Crisis Line: 801-587-3000 (24/7 help)